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School of Information Technologies

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# **Rehabilitation Management application**

Homework in ICD0009 Building Distributed Systems

Supervisor: Andres Käver

Bachelor of Software  
Engineering

Tallinn 2023

TALLINNA TEHNIKAÜLIKOOL  
Infotehnoloogia teaduskond

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# **Rehabilitatsiooniteenuste haldamise rakendus**

Kodutöö aines ICD0009 Hajussüsteemide ehitamine

Juhendaja: Andres Käver  
Bakalaureus IT  
süsteemide arendus

Tallinn 2023

## **Author's declaration of originality**

I hereby certify that I am the sole author of this thesis. All the used materials, references to the literature and the work of others have been referred to. This thesis has not been presented for examination anywhere else.

Author: Heidi Koppel

25.02.2023

## **Abstract**

[Text]

This thesis is written in English and is 19 pages long, including 1 chapter, 2 figures.

## **Annotatsioon**

### **[Thesis title in Estonian]**

[Tekst]

Lõputöö on kirjutatud inglise keeles ning sisaldab teksti 19 leheküljel, [peatükkide arv] peatükki, [jooniste arv] joonist, [tabelite arv] tabelit.

## **List of abbreviations and terms**

ERD

Entity Relationship Diagram

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# **1 Introduction**

The goal of this project is to develop a rehabilitation service logging and reporting software for rehabilitation therapy providers and clients. This software will create an environment that will link together the therapy providers, therapy clients and if applicable a Social Services provider.

There are about 100 therapy providers in Estonia that have a contract with the Social Insurance Board. They provide their services, among others, to people with disabilities who have a rehabilitation plan and a respective budget allocated every year. There are about 20 000 people with rehabilitation plans in Estonia. The number of people with disabilities is growing every year both in Estonia and around the world.

Currently the therapy providers do not use a uniform system for logging the sessions. Each provider has developed their own system. The most used tools are a regular piece of paper signed at every session and Excel sheets passed back and forth. For the providers this is a time-consuming task that is prone to errors. Another management system has been developed in recent years, but the price has been too high for a lot of therapy providers.

Another issue that our application will solve is that it is difficult for the client to get an overview of the logged sessions. They need to keep their own private log with the sessions and any extra information (reasons and timing of any cancellations). Then they must request that the provider share their Excel sheet. This in turn takes time because often the sessions are not logged regularly. Usually the client can view the document from the administrators computer at the therapy providers office while other clients have to wait. All of this makes keeping an accurate overview quite a hassle and most clients decide to just trust the providers. From time to time clients do report finding significant differences between the records. Understandably, having to dispute them is usually not a pleasant experience.

This project aims to tackle the above mentioned issues by creating an application that will allow the therapy providers to log data about provided sessions and easily report it to the social services provider. The client or their representative can view this data and any changes made to it in a timely and clear manner. If the patient wishes they can request to confirm the sessions every month before they are reported to the Social Insurance Board. The client can also view their remaining therapy budget for the year which will help to plan their schedule. The client can request to receive notifications when sessions are added or updated, therapy budget is running low or the rehabilitation plan is expiring.

## **2 [Heading of Chapter]**

[Text]

### **2.1 [Subheading]**

[Text]

### **3 Summary**

[Text]

## **References**

**There are no sources in the current document.**

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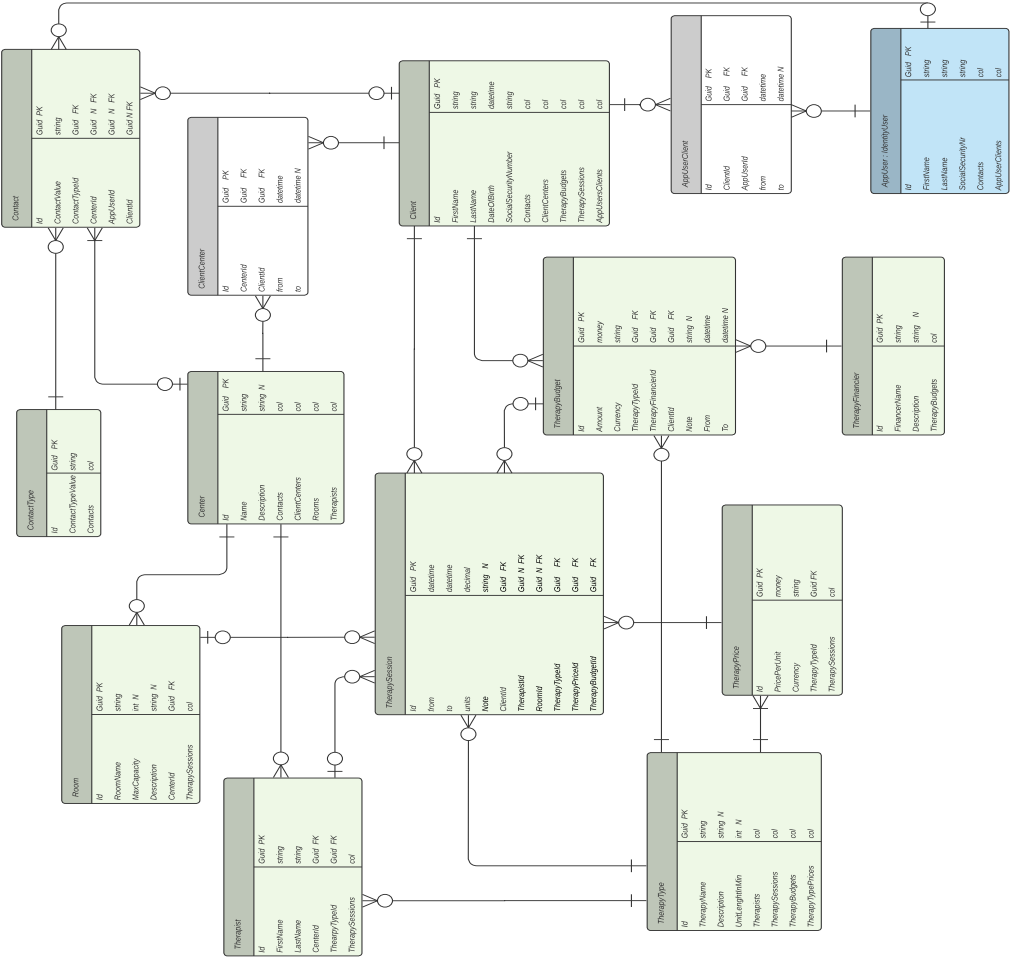
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# Appendix 2 – ERD scheme

Tera  
Heidi Koppel | February 21, 2023



# Appendix 3 – Client flow prototypes

Figure 1 - Landing Page

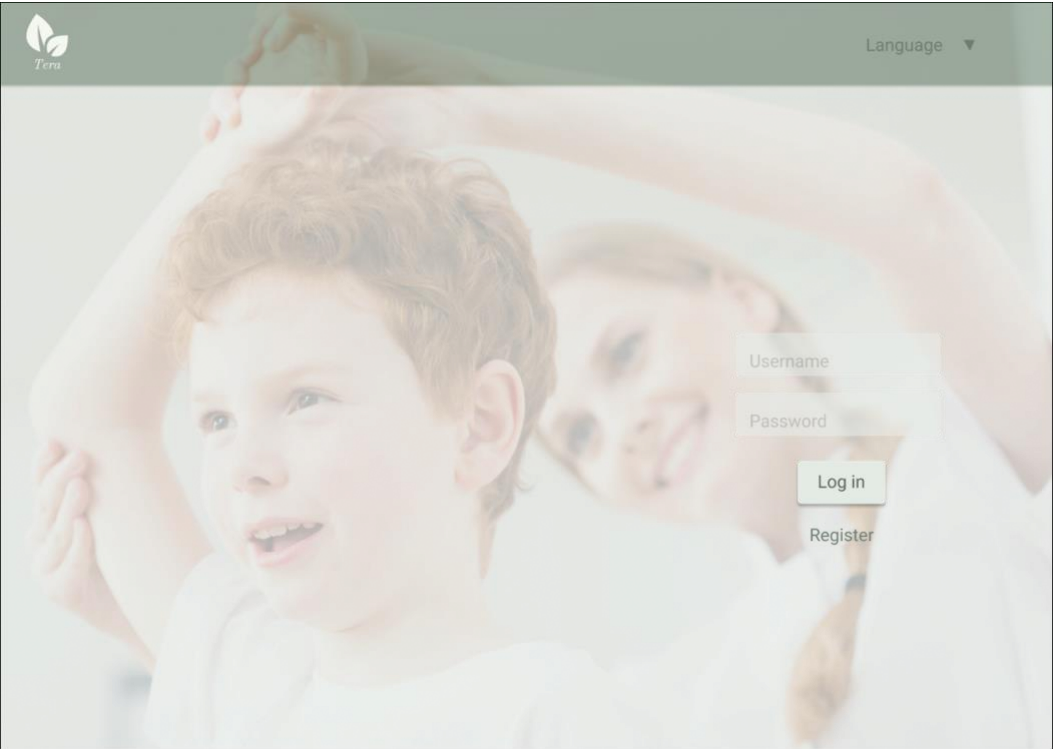


Figure 2 - Register

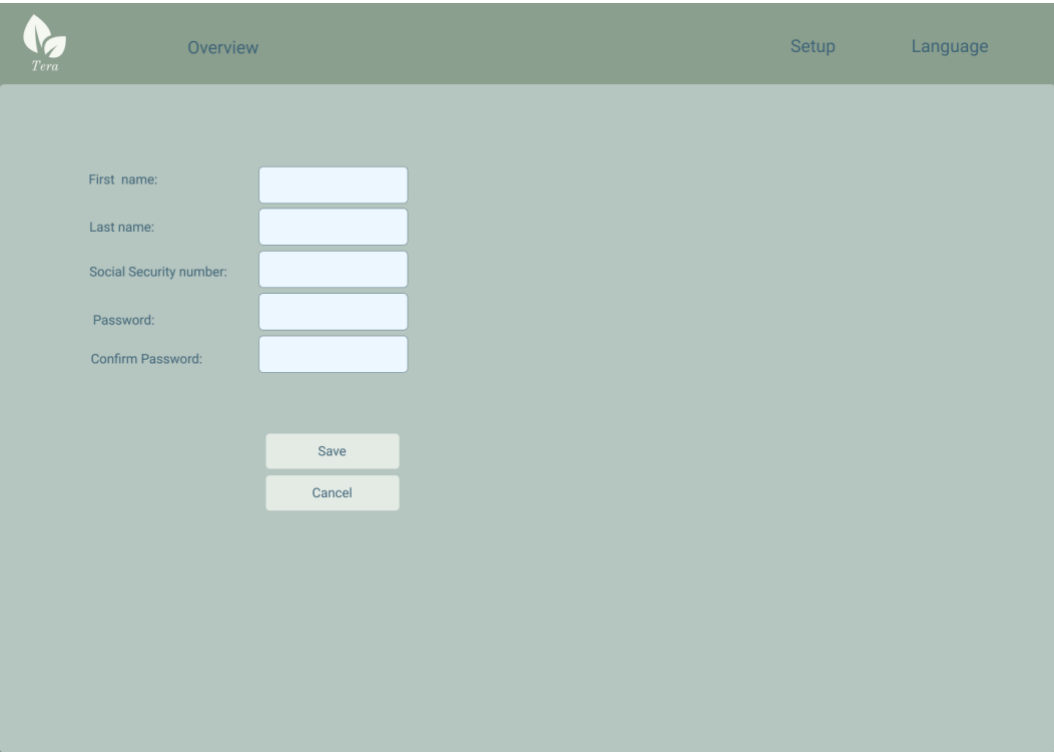





Figure 3 - Main



Overview

Notifications

Log out

Language

Client name:

Mari Kask

Rehabilitation plan nr:

748748-9898

Expiration date:

24.02.2024

Referral nr:

IP-747474

Expiration date:

24.12.2024

Total amount:

700 / 2000

Physiotherapy:

300 / 1000

Occupational Therapy:

150 / 500

Speech Therapy:


0 / 0

Other:

250 / 500

Date	Time	Type	Therapist	Room	Duration	Price
22.02.23	12:00	Physiotherapy	Jonna	A	45 min	22 EUR
23.02.23	12:00	Physiotherapy	Jonna	A	45 min	22 EUR

Figure 4 - Admin - Main



Setup

Clients

Language

Client name, Reh.plan nr.

Search

Add New Client

Client name:

Mari Tamm

Rehabilitation plan nr:

Expiration date:

Referral nr:

Expiration date:

Financer:

SKA

Total amount:

Physiotherapy:

Occupational Therapy:

Speech Therapy:

Other:

Edit

Date

Time

Type

Therapist

Duration

Comments

Add


Filter

Send report

Date	Time	Type	Therapist	Duration	Price	Comment
22.02.21	12:00	Physiotherapy	Jonna	45 min	22 EUR	Lore ipsum dolor
23.02.21	12:00	Physiotherapy	Jonna	45 min	22 EUR	

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Figure 5 - Setup



Setup

Clients

Language

Therapists

Joanna Lind	Physiotherapy	X
Peeter Kaks	Physiotherapy	X
Ingrid Kass	Physiotherapy	X

First name:


Last name:

Therapy Type:

Save

Cancel

Figure 6 - Add Client



Overview

Setup

Language

First name:

Last name:

Rehabilitation plan nr:

Expiration date:

Referral nr:

Expiration date:

Note:

Total amount:

Add Therapy Type

Physiotherapy:

Users allowed to see this data:

Kadri Tamm

▼


Kadri Tamm

X

Save

Cancel

Figure 7 - Choose Client/Centre



[Log out](#) [Language ▼](#)

Choose your Center:

Tallinn Center ▲

Tartu Center

Choose your client:

Mari Kask ▲

Kadri Kask